

Master Gardener Association of San Diego County

Reminiscence Gardening (RG)

Presented by Shelley Schwarz & Donna McClay
RG Co-chairs

April 11, 2023



40 Years of Service

Master Gardener Association of San Diego County
UCCE Master Gardener Program of San Diego County



What is Reminiscence Gardening?

- Designed to encourage memory care residents to reconnect with the joys of gardening
- Created in 2018 by Debbie Handal and Diane Woodward
- Selected by the UCCE state-wide MG program as the 2020 1st place winner in the Search for Excellence competition
- Several other MG programs have adopted our curriculum



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What we do with our garden partners

- Begin with sensory exploration of familiar garden items: cuttings, seed packets, vintage tools
- Work with garden partners to create a tabletop garden



Why We Do This

Our Team

50+ MGs work with garden partners around the county in memory care facilities.

Memory Care Facilities

We are currently serving eight memory care communities throughout San Diego County. We are at capacity for now.

2023 Calendar

Quarterly events at each memory care unit are underway for 2023.

Our Mission

To stimulate the mind, body, and spirit of those living with dementia.



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“Our Hearts are Full!”



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